## 2,000 Calories

The average adult needs 2,000 calories a day. What's the best way to achieve that goal?

- 1. What is the best option overall?
- 2. What is the best option using only food available close to your home?
- 3. This neighborhood is planning on opening a food co-op to bring in more local, fresh, and healthy foods.
  - a. Their first instinct is to evenly spread out all the food stores. Where should they open the co-op to best accomplish this goal?

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b. Is that the best location? Where would you open the co-op?

## 2,000 Calories

The average adult needs 2,000 calories a day. What's the best way to achieve that goal?

- 1. Choose 1 definition of best from the list the class brainstormed. Why did you choose that definition?
- 2. Complete 3 tables by putting your definition in the empty column. What is the best option of these 3?
- 3. What options do you have for purchasing food close to your home?
  - a. Complete 2 tables using only those options.
  - b. What is the best option using only food available within 1 mile of your home?
- 4. This neighborhood is planning on opening a food co-op to bring in more local, fresh, and healthy foods. Where should they open the co-op?
  - a. Their first instinct is to evenly spread out all the food stores. Where should they open the co-op to best accomplish this goal?
  - b. Is that the best location? Where would you open the co-op?

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## 2,000 Calories

The average adult needs 2,000 calories a day. What's the best way to achieve that goal?

- 1. Choose 1 definition of best that you have enough information to determine. Why did you choose that definition?
- 2. Complete 3 tables by putting your definition in the empty column. What is the best option of these 3?
- 3. What options do you have for purchasing food within 1 mile of home? (The map has a scale of 1 unit=  $\frac{1}{4}$  mile)
  - a. Complete 2 tables using only those options.
  - b. What is the best option using only food available within 1 mile of home?
- 4. This neighborhood is planning on opening a food co-op to bring in more local, fresh and healthy foods. Where should they open the co-op?
  - a. Their first instinct is to evenly spread out all the food stores. Where should they open the co-op to best accomplish this goal?
  - b. Is that the best location? Where would you place the co-op?

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