

food	calories	
total		

food	calories	
total		

food	calories	location	price
cereal with milk	190	convenience store	\$0.67 (1 serving of a bulk container)
egg Sandwich	300	fast food	\$2.79
yogurt, seasonal fruit, granola	410	grocery	\$1.60 (1 serving of a bulk container)
pizza (2 slices)	600	convenience store	\$4.00
cheeseburger	300	fast food	\$1.00
4 piece chicken fingers	180	fast food	\$1.99
free range chicken salad wrap	760	grocery	\$8.99
grass fed beef	550	grocery	\$9.50
ramen packet	380	grocery	\$0.50
tuna (local, fresh)	200	grocery	\$10.99
roast beef sandwich	360	restaurant	\$5.50
vegetable burrito (veggies, bean, cheese, rice)	650	restaurant	\$6.50
vegetable stir fry with rice	250	restaurant	\$6.50
potato chips	300	convenience store	\$0.54 (1 serving of a bulk container)
chocolate chip cookies	160	convenience store	\$1.00
french fries	340	fast food	\$1.79
large french fries	510	fast food	\$1.89
organic chocolate	300	grocery	\$3.75
organic portobello mushroom	30	grocery	\$5.50
seasonal fruit	100	grocery	\$0.50
large soda	290	fast food	\$1.49
protein shake	380	grocery	\$3.25